MAKE TRAVEL MATTER®





TRAVEL CHECKLIST

Our TreadRight Foundation has created this checklist as a simple way to become a more responsible traveler.

Choose companies that have a commitme and operations.	nt to responsible travel and to minimizing the footprint of their offices
•	bility strategy How We Tread Right addresses our collective impact rough 11 goals tied to the UN Global Goals. Learn how you can get
Request your travel documents be sent to	you electronically rather than printed and mailed to reduce paper waste
Consider traveling during shoulder season	s, or to less popular areas
Fly direct; take-off and landing are the mo	st fuel intensive portions of the flight
Consider airlines that are investing in susta	inable aviation fuels
BE PREPARED —	
Pack reusables such as a water bottle or p water filter and reusable shopping bag	ersonal Pack light; the heavier the airplane, the more greenhouse gases it emits
Bring toiletries in reusable bottles	Learn local greetings and customs before you go!
TREAD RIGHT WHILE TRAVELING —	
TREAD RIGHT WHILE TRAVELING — Refuse single-use plastic and recycle whe cannot be avoided	n this Walk, bike, or use public transportation when possible
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Refuse single-use plastic and recycle whe cannot be avoided Shop and eat locally to support the comm Purchase locally made souvenirs and pay a Avoid any purchase of wildlife products su	Take shorter showers (avoid baths) Turn off all lights, heat/AC, and TV when you leave your room When in use, keep AC at a moderate temperature Adhere to hotel linen reuse programs to reduce water and energy consumption
Refuse single-use plastic and recycle whe cannot be avoided Shop and eat locally to support the comm Purchase locally made souvenirs and pay a Avoid any purchase of wildlife products su Do not ride animals that ought not be ridde Research wildlife venues and be sure they	Take shorter showers (avoid baths) Turn off all lights, heat/AC, and TV when you leave your room When in use, keep AC at a moderate temperature Adhere to hotel linen reuse programs to reduce water and energy consumption Adhere to Visit a local farmer's market and meet the growers of your food, or try a farm-to-table meal





